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## **«Introduction to the life course approach»**

The life course to health and disease have become a widely accepted approach in research and practice alike. The introduction to the first plenary session will present a historical perspective to the life course approach and how the scientific concept and evidence has been adopted by policy and practice. Alongside of examples of early life impact on health and disease the theoretical concepts of DOHAD, resilience and institutionalization of the life course will be addressed.