

Swiss Public Health Conference Programme 2025

Mental Health and Wellbeing: Investing in Mental Wealth

DRAFT 17.02.2025 – with preliminary and not definitive lecture titles

Wednesday, 10 September 2025 – Campus Est USI/SUPSI, Lugano-Viganello

Time	Subject	Speaker
09:00	Reception and registration	
09:30	Opening	<p>Thomas Steffen, President of the Swiss Society for Public Health (ger)</p> <p>Luca Crivelli, Academic Director Swiss School of Public Health; Director Department of Business Economics, Health and Social Care, University of Applied Sciences and Arts of Southern Switzerland; Conference co-president (it)</p> <p>Emiliano Albanese, Director Institute of Public Health (IPH), Faculty of Biomedical Sciences, Università della Svizzera italiana; Conference co-president (it)</p>
10:00	<p>Keynote Session I</p> <p>Global, public and personal challenges for mental health and mental wealth</p> <p>Chair: Guenda Bernegger, Lecturer-researcher at University of Applied Sciences and Arts of Southern Switzerland, Department of Business Economics, Health and Social Care, Competence Centre for Healthcare Practices and Policies, Lugano</p>	<p>Pressing challenges for global mental health Emiliano Albanese, Director Institute of Public Health (IPH), Faculty of Biomedical Sciences, Università della Svizzera italiana; Conference co-president (it)</p> <p>Rethinking mental health: why policies must go beyond healthcare to take a public health approach Mauricio Avendano, Associate Professor at the University of Lausanne, and co-director of the Health Economics & Policy Unit at the Department of Epidemiology and Health Systems, Unisanté Lausanne (eng)</p> <p>Navigating through new models of care Patient representative, Ticino</p>
11:15	Break	
11:45	Parallel Sessions I	<i>Separate program</i>
13:00	Lunch	
14:00	Poster flash	
14:30	Parallel sessions II	<i>Separate program</i>
15:45	Break	

16:15	<p>Keynote Session II</p> <p>Cohorts, biobanks, and molecular fingerprints of happiness and wellbeing</p> <p>Chair: Valentina Rotondi, Professor of Technologies and Health at University of Applied Sciences and Arts of Southern Switzerland, Department of Business Economics, Health and Social Care, Competence Centre for Healthcare Practices and Policies, Lugano</p>	<p>Lights and shadows of the science of happiness</p> <p>Luca Crivelli, Academic Director Swiss School of Public Health; Director Department of Business Economics, Health and Social Care, University of Applied Sciences and Arts of Southern Switzerland (it)</p> <p>Cohorts and biobanks to investigate wellbeing: the experience of UK-biobank</p> <p>Melinda Mills, Professor of Demography and Population Health, Nuffield Department of Population Health (OxPop) and Nuffield College; Director, Leverhulme Centre for Demographic Science and Director of the Demographic Science Unit, University of Oxford (eng)</p> <p>Urbanisation, well-being and mental health</p> <p>Nicole Probst-Hensch, Head of the Department of Epidemiology and Public Health and the Chronic Disease Epidemiology Unit at Swiss Tropical and Public Health Institute; Professor of Epidemiology and Public Health at the University of Basel Medical School (ger)</p>
17:30	SPHD Award & best PhD Abstract Award	
17:45	Farewell	
18:00	Aperitif & Entertainment Multilingual Theater Club 74	
19:00	Evening programme at Lido, Lugano	

 (german / french / italian to english)

Thursday, 11 September 2025 – Campus Est USI/SUPSI, Lugano-Viganello

Time	Subject	Speaker
08:30	Reception and registration	
09:00	Welcome words	The Swiss Brain Health Plan Claudio Bassetti, Dean of the Medical Faculty, University of Bern; Chair Swiss Brain Health Plan, Bern (it)
09:15	<p>Keynote Session III</p> <p>Addressing the social determinants of mental health</p> <p>Chair: Corrado Barbui, Professor of Psychiatry at the Department of Neuroscience, Biomedicine and Movement, University of Verona (it)</p>	<p>Addressing the social determinants of mental health: a world-wide perspective Chiara Servili, Technical Officer – Child and Adolescent Brain and Mental Health, World Health Organization, Department of Mental Health and Substance Use, Genève (it)</p> <p>The legacy of mental health: intergenerational influences on risk and resilience Andrea Raballo, Professor of Psychiatry at the Università della Svizzera italiana and Head of Research and Academic education at the Cantonal Sociopsychiatric Organization, Lugano (it)</p> <p>Addressing the social determinants of mental health: an Italian perspective Marianna Purgato, Associate professor of Psychiatry and Clinical Psychology, Biomedicine and Movement, University of Verona, (it)</p>
10:30	Break	
11:00	<p>Panel discussion</p> <p>Mental health, determinants and responses: a Swiss perspective</p> <p>Moderation: Sonja Kahlmeier, PD, Owner City Health, Lecturer FHNW & FFHS</p>	<p>Presentation and discussion of the National Health Report by the Swiss Health Observatory</p> <p>Claudio Peter, Head of area Swiss Health Observatory, OBSAN, Neuchâtel (ger)</p> <p>3 panel members to be selected by OBSAN</p>
12:00	Lunch	
13:00	Poster flash	
13:30	Parallel Sessions III	<i>Separate program</i>
14:45	Break	
15:15	<p>Keynote Session IV</p> <p>Paving the way from mental disorder to wellbeing</p> <p>Chair: Chantal Martin Sölch, Professor in Clinical and Health Psychology, and Vice rector, University of Fribourg. President of the European Association of Clinical Psychology and psychological intervention, Fribourg</p>	<p>Mental health, a language for formulating the moral tensions of autonomy Alain Ehrenberg, Sociologist and emeritus director of research at France's National Centre for Scientific Research (CNRS), Paris (fr)</p> <p>On the way to mental health and wellbeing: a socialaesthetic perspective Michael Musalek, Professor of General Psychiatry and director of the Institute for Social Aesthetics and Men-tal Health at the Sigmund Freud University of Vienna (ger/eng)</p>


Theatre as a resource for promoting the mental health of adolescents and young adults

Alessandra Rossi Ghiglione, Director and creator of the Social and Community Theatre Centre | University of Turin (SCT Centre / Unito), Turin (it)

Director the Swiss Society for Public Health

Emiliano Albanese, Director Institute of Public Health (IPH), Faculty of Biomedical Sciences, Università della Svizzera italiana (it)

16:30 Best Poster Award and final remarks

 (german / French / italian to english)