

Swiss Public Health Conference Programme 2025

Mental Health and Wellbeing: Investing in Mental Wealth

Wednesday, 10 September 2025 – Campus Est USI/SUPSI, Lugano-Viganello

Time	Subject	Speaker
09:00	Reception and registration	
09:30	Opening	Thomas Steffen, President, Swiss Society for Public Health (ger) Luca Crivelli, Academic Director, Swiss School of Public Health; Professor and Director, Department of Business Economics, Health and Social Care, SUPSI (it) Emiliano Albanese, Professor and Director, Institute of Public Health (IPH), USI (it)
10:00	Keynote Session I Global, public and personal challenges for mental health and mental wealth <i>Chair: Guenda Bernegger, Senior Lecturer-Researcher, Department of Business Economics, Health and Social Care, SUPSI (it)</i>	Pressing challenges for global mental health Emiliano Albanese, Professor and Director, Institute of Public Health (IPH), USI (it) Rethinking mental health: why policies must go beyond healthcare to take a public health approach Mauricio Avendano, Professor, University of Lausanne, Unisanté (eng) Rethinking mental health: the role of experiential knowledge Tania Zambrano Ovalle, Peer Practitioner and Lecturer, Institut et Haute École de la Santé La Source (fr)
11:15	Break	
11:45	Parallel Sessions I	Separate programme
13:00	Lunch	
14:00	Poster flash	
14:30	Parallel sessions II	Separate programme
15:45	Break	
16:15	Keynote Session II Relational goods, biomarkers and their association with mental wealth <i>Chair: Valentina Rotondi, Professor, Department of Business Economics, Health and Social Care, SUPSI (it)</i>	Happiness, health, and mental wealth Luca Crivelli, Academic Director, Swiss School of Public Health; Professor and Director, Department of Business Economics, Health and Social Care, SUPSI (it) Urbanisation, wellbeing and mental health Nicole Probst-Hensch, Professor and Head, Department of Epidemiology and Public Health, Swiss TPH (ger) Relational goods and happiness: exploring the role of families Matteo Rizzolli, Professor, LUMSA University, Rome (it)

17:30 **SPHD Award & best PhD Abstract Award**

17:45	Farewell	Rebecca Amati , Postdoctoral Researcher, Institute of Public Health (IPH), USI (it) Bettina Maeschli , Director, Swiss Society for Public Health (eng)
18:00	Aperitif	
18:30	Multilingual Theatre "A quel paese"	Club '74 , Cantonal Socio-Psychiatric Organization, Concreta Teatro; Applied Psychology Competence Centre, SUPSI
from 19:15	Standing dinner at Lido, Lugano	

 (german / french / italian to english)

Thursday, 11 September 2025 – Campus Est USI/SUPSI, Lugano-Viganello

Time	Subject	Speaker
08:30	Reception and registration	
09:00	Welcome words	The Swiss Brain Health Plan Claudio Bassetti , Dean, Medical Faculty, University of Bern (it)
09:15	Keynote Session III Addressing the social determinants of mental health <i>Chair: Corrado Barbui, Professor, Department of Neuroscience, University of Verona, Italy (it)</i>	Addressing social determinants of young people's mental health: good practices from across regions Chiara Servili , Technical Officer, Child and Youth Mental Health Programme, World Health Organization (WHO) (it) The legacy of mental health: intergenerational influences on risk and resilience Andrea Raballo , Professor, Faculty of Biomedical Sciences, USI (it) Mental health and psychosocial support for vulnerable populations exposed to adversity: from evidence to implementation Marianna Purgato , Associate Professor, Department of Neurosciences, University of Verona, Italy (it)
10:30	Break	
11:00	Panel discussion Mental health, determinants and responses: a Swiss perspective <i>Moderation: Sonja Kahlmeier, Board member, Swiss Society for Public Health (ger)</i>	Presentation of the National Health Report by the Swiss Health Observatory (Obsan) Claudio Peter , Head of Mental Health Division, Obsan (ger) Responses to the mental health needs of young people Daniel Frey , Board Member, Swiss Society for Public Health (ger) Discussion of the National Health Report by Obsan Linda Nartey , Vice Director, Head of the Prevention and Healthcare Directorate, FOPH (ger) Paolo Bianchi , Director, DSS Public Health Division, Canton of Ticino (it) Charles Bonsack , Associate Professor, Faculty of Biology and Medicine, University of Lausanne (fr) Thomas Minder , President, Verband Schulleiterinnen und Schulleiter Schweiz (VSLCH) (ger)
12:00	Lunch	
13:00	Poster flash	
13:30	Parallel Sessions III	Separate programme
14:45	Break	
15:15	Keynote Session IV Paving the way from mental disorder to wellbeing	Mental health, a language to formulate the moral tensions of autonomy Alain Ehrenberg , Sociologist, Emeritus Research Director, National Centre for Scientific Research (CNRS), Paris (fr)

	Chair: Chantal Martin Sölch, Professor, Clinical and Health Psychology, University of Fribourg (fr)	On the way to mental health and wellbeing: a socialaesthetic perspective Michael Musalek, Professor and Director, Institute for Social Aesthetics and Mental Health, Sigmund Freud University, Vienna (ger) Theatre as a resource for promoting the mental health of adolescents and young adults Alessandra Rossi Ghiglione, Adjunct Professor and Director, Social and Community Theatre Centre, University of Turin, Italy (it)
16:30	Best Poster Award and final remarks	Bettina Maeschli, Director, Swiss Society for Public Health (ger) Emiliano Albanese, Professor and Director, Institute of Public Health (IPH), USI (it)
17:00	End of the Conference	