



Alain Ehrenberg

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Alain Ehrenberg is a renowned French sociologist and Emeritus Research Director at the CNRS. His work explores the relationship between mental health, subjectivity, and modern society. He was founder and director of CESAMES (Centre de recherche Psychotropes, Santé Mentale, Société) and led several major interdisciplinary research programmes on psychotropic substances, psychiatry, and the sociology of the individual.

From 2016 to 2018, he served as President of the French National Mental Health Council. His influential books, such as *La Fatigue d'être soi* and *La Société du malaise*, have shaped contemporary debates on depression and the pressures of individualism in Western societies. Ehrenberg's research bridges clinical, social, and political understandings of mental health in the modern world.