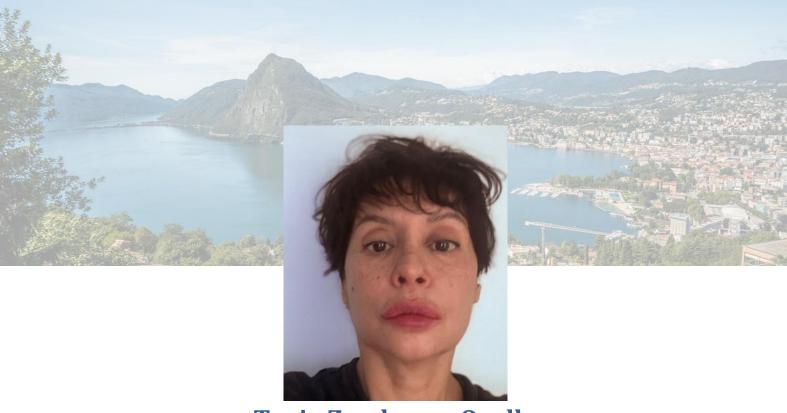
Speaker Profile

Swiss Public Health Conference 2025 Swiss Mental Health Network Conference



Tania Zambrano Ovalle

Peer Practitioner in Mental Health and Lecturer, Institut et Haute École de la Santé La Source

Tania Zambrano Ovalle is a Peer Practitioner in mental health and Lecturer at the Haute École de la Santé La Source. Formerly a filmmaker, she completed a certified training as a Peer Practitioner in 2021 and subsequently worked in a psychosocial institution, developing tools and resources based on experiential knowledge.

In parallel, she joined a research team at the Haute École de Santé as a research assistant. Since April 2024, she has been a Lecturer at Haute École de la Santé La Source and continues to contribute to research on recovery-oriented approaches. She is also active at Coraasp, where she trains people with lived experience in peer support and recovery, and supports institutions in implementing this practice.







