



Tania Zambrano Ovalle

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Tania Zambrano Ovalle is a Peer Practitioner in mental health and Lecturer at the Haute École de la Santé La Source. Formerly a filmmaker, she completed a certified training as a Peer Practitioner in 2021 and subsequently worked in a psychosocial institution, developing tools and resources based on experiential knowledge.

In parallel, she joined a research team at the Haute École de Santé as a research assistant. Since April 2024, she has been a Lecturer at Haute École de la Santé La Source and continues to contribute to research on recovery-oriented approaches. She is also active at Coraasp, where she trains people with lived experience in peer support and recovery, and supports institutions in implementing this practice.