

## Swiss Public Health Conference Programme 2025

### Mental Health and Wellbeing: Investing in Mental Wealth

Wednesday, 10 September 2025 – Campus Est USI/SUPSI, Lugano-Viganello

Time	Subject	Speaker
09:00	Reception and registration	
09:30	Opening	<p><b>Thomas Steffen</b>, President, The Swiss Society for Public Health (ger)</p> <p><b>Luisa Lambertini</b>, Professor and Rector, USI (it)</p> <p><b>Emanuele Carpanzano</b>, Professor and Director of Research, Development and Knowledge Transfer, SUPSI (it)</p> <p><b>Luca Crivelli</b>, Professor and Academic Director, SSPH+ (it)</p>
10:00	<p><b>Keynote Session I</b></p> <p><b>Global, public and personal challenges for mental health and mental wealth</b></p> <p><i>Chair: <b>Guenda Bernegger</b>, Senior Lecturer-Researcher, Department of Business Economics, Health and Social Care, SUPSI (it)</i></p>	<p><b>Pressing challenges for global mental health</b></p> <p><b>Emiliano Albanese</b>, Professor and Director, Institute of Public Health (IPH), USI (it)</p> <p><b>Rethinking mental health: why policies must go beyond healthcare to take a public health approach</b></p> <p><b>Mauricio Avendano</b>, Professor, University of Lausanne, Unisanté (eng)</p> <p><b>Rethinking mental health: the role of experiential knowledge</b></p> <p><b>Tania Zambrano Ovalle</b>, Peer Practitioner in Mental Health and Lecturer, Institut et Haute École de la Santé La Source (fr)</p>
11:15	Break	
11:45	Parallel Sessions I	Separate programme
13:00	Lunch	
14:00	Poster flash	
14:30	Parallel sessions II	Separate programme
15:45	Break	
16:15	<p><b>Keynote Session II</b></p> <p><b>Relational goods, biomarkers and their association with mental wealth</b></p> <p><i>Chair: <b>Valentina Rotondi</b>, Professor, Department of Business Economics, Health and Social Care, SUPSI (it)</i></p>	<p><b>Happiness, health, and mental wealth</b></p> <p><b>Luca Crivelli</b>, Academic Director, SSPH+; Professor and Director, Department of Business Economics, Health and Social Care, SUPSI (it)</p> <p><b>Urbanisation, wellbeing and mental health</b></p> <p><b>Nicole Probst-Hensch</b>, Professor and Head, Department of Epidemiology and Public Health, Swiss TPH (ger)</p> <p><b>Relational goods and happiness: exploring the role of families</b></p> <p><b>Matteo Rizzolli</b>, Professor, LUMSA University, Rome (it)</p>

17:30 **SPHD Award & best PhD Abstract Award**

17:45	<b>Farewell</b>	<b>Rebecca Amati</b> , Postdoctoral Researcher, Institute of Public Health (IPH), USI (it) <b>Bettina Maeschli</b> , Director, The Swiss Society for Public Health (eng)
18:00	Aperitif	
18:30	<b>Multilingual Theatre "A quel paese"</b>	<b>Club '74</b> , Cantonal Socio-Psychiatric Organization, Concreta Teatro; Applied Psychology Competence Centre, SUPSI
from 19:15	<b>Social Event with Standing Dinner</b>	<b>Al Lido Bar</b> , Lugano

 (German / French / Italian to English)

**Thursday, 11 September 2025 – Campus Est USI/SUPSI, Lugano-Viganello**

Time	Subject	Speaker
08:30	Reception and registration	
09:00	Welcome words	<b>The Swiss Brain Health Plan</b> <b>Claudio Bassetti</b> , Dean, Medical Faculty, University of Bern (it)
09:15	<b>Keynote Session III</b> <b>Addressing the social determinants of mental health</b> <i>Chair: <b>Corrado Barbui</b>, Professor, Department of Neuroscience, University of Verona, Italy (it)</i>	<b>Addressing social determinants of young people's mental health: good practices from across regions</b> <b>Chiara Servili</b> , Technical Officer, Child and Youth Mental Health Programme, WHO (it) <b>The legacy of mental health: intergenerational influences on risk and resilience</b> <b>Andrea Raballo</b> , Professor, Faculty of Biomedical Sciences, USI (it) <b>Mental health and psychosocial support for vulnerable populations exposed to adversity: from evidence to implementation</b> <b>Marianna Purgato</b> , Associate Professor, Department of Neurosciences, University of Verona, Italy (it)
10:30	Break	
11:00	<b>Panel discussion</b> <b>Mental health, determinants and responses: a Swiss perspective</b> <i>Moderation: <b>Sonja Kahlmeier</b>, Board Member, The Swiss Society for Public Health (ger)</i>	<b>Presentation of the National Health Report by the Swiss Health Observatory (Obsan)</b> <b>Claudio Peter</b> , Head of Mental Health Division, Obsan (ger) <b>Responses to the mental health needs of young people</b> <b>Daniel Frey</b> , Board Member, The Swiss Society for Public Health (ger) <b>Discussion of the National Health Report by Obsan</b> <b>Linda Nartey</b> , Vice Director, Head of the Prevention and Healthcare Directorate, FOPH (ger) <b>Paolo Bianchi</b> , Director, DSS Public Health Division, Canton of Ticino (it) <b>Charles Bonsack</b> , Associate Professor, Faculty of Biology and Medicine, University of Lausanne (fr) <b>Thomas Minder</b> , President, Verband Schulleiterinnen und Schulleiter Schweiz (VSLCH) (ger)
12:00	Lunch	
13:00	Poster flash	
13:30	Parallel Sessions III	Separate programme
14:45	Break	
15:15	<b>Keynote Session IV</b> <b>Paving the way from mental disorder to wellbeing</b>	<b>Mental health, a language to formulate the moral tensions of autonomy</b> <b>Alain Ehrenberg</b> , Sociologist, Emeritus Research Director, National Centre for Scientific Research (CNRS), Paris (fr)

	<p>Chair: <b>Chantal Martin Sölch</b>, Professor, Clinical and Health Psychology, University of Fribourg (fr)</p>	<p><b>On the way to mental health and wellbeing: a socialaesthetic perspective</b></p> <p><b>Michael Musalek</b>, Professor and Director, Institute for Social Aesthetics and Mental Health, Sigmund Freud University, Vienna (ger)</p> <p><b>Theatre as a resource for promoting the mental health of adolescents and young adults</b></p> <p><b>Alessandra Rossi Ghiglione</b>, Adjunct Professor and Director, Social and Community Theatre Centre, University of Turin, Italy (it)</p>
16:30	<b>Best Poster Award</b>	<p><b>Emiliano Albanese</b>, Professor, USI; Foundation Board Member, SSPH+ (it)</p>
16:40	<b>Final remarks</b>	<p><b>Bettina Maeschli</b>, Director, The Swiss Society for Public Health (ger)</p>
16:45	<b>End of the Conference</b>	