

Swiss Public Health Conference Programme 2025

Mental Health and Wellbeing: Investing in Mental Wealth

Wednesday, 10 September 2025 – East Campus USI-SUPSI, Lugano-Viganello

Time	Subject	Speaker
08:30	Reception and registration	
09:30	Opening	Luca Crivelli, Professor and Academic Director, SSPH+ (it) Thomas Steffen, President, The Swiss Society for Public Health (ger) Luisa Lambertini, Professor and Rector, USI (it) Emanuele Carpanzano, Professor and Director of Research, Development and Knowledge Transfer, SUPSI (it)
10:00	Keynote Session I Global, public and personal challenges for mental health and mental wealth <i>Chair: Guenda Bernegger, Senior Lecturer-Researcher, Department of Business Economics, Health and Social Care, SUPSI (it)</i>	Pressing challenges for global mental health Emiliano Albanese, Professor and Director, Institute of Public Health (IPH), USI (it) Rethinking mental health: why policies must go beyond healthcare to take a public health approach Mauricio Avendano, Professor, University of Lausanne, Unisanté (eng) Rethinking mental health: the role of experiential knowledge Tania Zambrano Ovalle, Peer Practitioner in Mental Health and Lecturer, Institut et Haute École de la Santé La Source (fr)
11:15	Break	
11:45	Parallel Sessions I	Separate programme
13:00	Lunch	
14:00	Poster flash	
14:30	Parallel sessions II	Separate programme
15:45	Break	
16:15	Keynote Session II Relational goods, biomarkers and their association with mental wealth <i>Chair: Valentina Rotondi, Professor, Department of Business Economics, Health and Social Care, SUPSI (it)</i>	Happiness, health, and mental wealth Luca Crivelli, Academic Director, SSPH+; Professor and Director, Department of Business Economics, Health and Social Care, SUPSI (it) Urbanisation, wellbeing and mental health Nicole Probst-Hensch, Professor and Head, Department of Epidemiology and Public Health, Swiss TPH (ger) Relational goods and happiness: exploring the role of families Matteo Rizzolli, Professor, LUMSA University, Rome (it)

17:30	SPHD Award Best PhD Abstract Award	Julia Dratva , Swiss Public Health Doctors (eng) Luca Crivelli , Swiss School of Public Health (eng)
17:55	Farewell	Rebecca Amati , Postdoctoral Researcher, Institute of Public Health (IPH), USI (it) Bettina Maeschli , Director, The Swiss Society for Public Health (eng)
18:00	Aperitif	
18:30	Multilingual Theatre "A quel paese"	Club '74 , Cantonal Socio-Psychiatric Organization, Concreta Teatro; Applied Psychology Competence Centre, SUPSI
from 19:15	Social Event with Standing Dinner	Al Lido Bar , Lugano

 (German / French / Italian to English)

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Time	Subject	Speaker
08:00	Reception and registration	
09:00	Welcome words	Welcome Video Message Raffaele De Rosa, Cantonal Council Member, Republic and Canton of Ticino; Head, Department of Health and Social Affairs (it) The Swiss Brain Health Plan Claudio Bassetti, Dean, Medical Faculty, University of Bern (it)
09:15	Keynote Session III Addressing the social determinants of mental health <i>Chair: Emiliano Albanese, Professor and Director, Institute of Public Health (IPH), USI (it)</i>	Addressing social determinants of young people's mental health: good practices from across regions Chiara Servili, Technical Officer, Child and Youth Mental Health Programme, WHO (it) The legacy of mental health: intergenerational influences on risk and resilience Andrea Raballo, Professor, Faculty of Biomedical Sciences, USI (it) Mental health and psychosocial support for vulnerable populations exposed to adversity: from evidence to implementation Marianna Purgato, Associate Professor, Department of Neurosciences, University of Verona, Italy (it)
10:30	Break	
11:00	Panel discussion Mental health, determinants and responses: a Swiss perspective <i>Moderation: Sonja Kahlmeier, Board Member, The Swiss Society for Public Health (ger)</i>	Presentation of the National Health Report by the Swiss Health Observatory (Obsan) Claudio Peter, Head of Mental Health Division, Obsan (ger) Responses to the mental health needs of young people Daniel Frey, Board Member, The Swiss Society for Public Health (ger) Discussion of the National Health Report by Obsan Linda Nartey, Vice Director, Head of the Prevention and Healthcare Directorate, FOPH (ger) Paolo Bianchi, Director, DSS Public Health Division, Canton of Ticino (it) Charles Bonsack, Associate Professor, Faculty of Biology and Medicine, University of Lausanne (fr) Thomas Minder, President, Verband Schulleiterinnen und Schulleiter Schweiz (VSLCH) (ger)
12:00	Lunch	
13:00	Poster flash	
13:30	Parallel Sessions III	Separate programme
14:45	Break	
15:15	Keynote Session IV	Mental health, a language to formulate the moral tensions of autonomy

	Paving the way from mental disorder to wellbeing <i>Chair: Chantal Martin Sölch, Professor, Clinical and Health Psychology, University of Fribourg (fr)</i>	Alain Ehrenberg , Sociologist, Emeritus Research Director, National Centre for Scientific Research (CNRS), Paris (fr) On the way to mental health and wellbeing: a socialaesthetic perspective Michael Musalek , Professor and Director, Institute for Social Aesthetics and Mental Health, Sigmund Freud University, Vienna (ger) Theatre as a resource for promoting the mental health of adolescents and young adults Alessandra Rossi Ghiglione , Director, Social and Community Theatre Centre, University of Turin, Italy (it)
16:30	Best Poster Award	Emiliano Albanese , Professor, USI; Foundation Board Member, SSPH+ (eng)
16:40	Final remarks	Bettina Maeschli , Director, The Swiss Society for Public Health (eng)
16:45	End of the Conference	
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