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Nicola Diviani is Group Leader of the Person-Centered Healthcare and Health Communication group at Swiss Paraplegic Research in Nottwil, and a lecturer at the Faculty of Health Sciences and Medicine, University of Lucerne. He holds a PhD in Health Communication and a habilitation in Health Sciences. His research focuses on health literacy, self-management, and the evolving online, digital, and AI-shaped information landscape. He examines how people — especially those living with chronic conditions — find, evaluate, and act on health information, and how they can be guided toward higher-quality, trustworthy sources amid an increasingly complex information environment. Spinal cord injury serves as a key case in point in his work. He combines qualitative and quantitative methods across his research program.